LifeZen



Cleaning Bedrooms 1010

- 1. Pick the room you want to clean and set aside one hour to two hours to clean.
- 2. Clean the drawers out
 - Go through drawers and get rid of clothes/items that are old/worn out/or not needed.
 - b. Make a list of new clothes/items needed.
 - c. Before putting clothes back, Wash out the bottom of the drawers with pinesol and let dry.
 - d. Organize the clothes/items and put back where they should go.
- 3. Clean the closet out
 - a. Go through Closet and get rid of clothes that are old or worn out.
 - b. Make a list of new clothes needed.
 - c. Before putting clothes back, Wash the walls & closet shelf with pinesol and let dry.
 - d. Organize the clothes/items and put back where they should go.
- 4. Clean the walls, floors, windows, doors, and decorations
 - a. Grab a broom and sweep the ceiling to make sure no spider webs are on the ceiling.
 - b. Check the light in the room to make sure no bugs are in the light.
 - i. If dead bugs are in the light, remove the light and clean it.
 - c. Move all furniture away from the walls, and take down wall decorations, drapes, and blinds.
 - d. Pinesol all walls and window sills.
 - e. Pinesol the baseboards of the room.
 - f. Clean the windows with vinegar and water.
 - g. Vacuum the room with the vacuum and use the small corner attachment in the sides of the bedroom.
 - h. Dust furniture and wall decorations.
 - i. Move the furniture and wall decorations back to their original positions, or rearrange and necessary.
 - i. Make sure wall decorations are what you want in the room.
 - 1. Pictures may need to be updated. If so, order new pictures to replace old ones.
 - 2. If new decoration items are needed, make a list of what is needed as a decoration in that room.
 - j. Vacuum the places in the room where the furniture was before.
 - k. Clean the window drapes and blinds and put back in their positions.
- 5. Purchase or make a plan to purchase items needed on the list you made.